

To Whom It May Concern:

Your patient has chosen to be part of the study '*Effects of exercise intensity in children and adolescents*'.

Participants will be randomized to an exercise or control group and will undergo a series of measurements at baseline, 12 weeks and 1 year. Measurements include an echocardiogram (resting and stress), blood vessel function test, intra-abdominal fat MRI, dual energy x-ray absorptiometry scan, and blood tests.

If any recent (within the last 6 months) **blood analysis** has been performed on the given patient, it would be much appreciated if the study could receive these results.

Please forward the relevant results via fax, post or through the patient. Details can be found below.

If you have any further queries, do not hesitate to contact the principal investigator, Katrin Dias, on 042 5242 150.

Thanking you for your cooperation.

Kind regards,

Katrin Dias

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